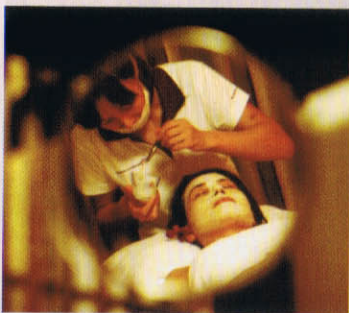


Visiting **Spaboutique** is like stepping into someone's charming home. That's because the spa is housed in an airy 20th century colonial-style bungalow that has a driveway, swimming pool and deck, and is surrounded by lots of trees and potted plants. Inside, you'll find homely and intimate touches everywhere – framed pictures, day beds, vanity tables, plaques and bookshelves. The spa has eight treatment rooms and six of them can be easily converted into cosy rooms for couples.



Spaboutique's treatment philosophy is to keep things simple so the menu is refreshingly uncomplicated. The spa offers five types of massages (traditional, *shiatsu*, Swedish, sport and aromatherapy), one face and eye treatment, four choices of body scrubs, two kinds of body wraps, a signature scrub and wrap, two choices of spa baths, waxing services, ear candling and nail services.

There are also several packages on offer such as the three-and-a-half-hour Ladies' Allure which includes a one-hour body massage, a facial, and classic manicure and pedicure, and the Golfer's Escapade which features a one-hour body massage, a body scrub and a 15-minute peppermint steam bath. You can also come up with your own package to meet your specific needs.

The spa's signature 2-in-1 rose and lavender scrub and wrap is highly recommended before any massage as it preps the skin to absorb the essential oils that are used in the massage. A mixture of sea salt and rose oil is gently massaged into the skin to exfoliate the skin and remove dead skin cells, followed by the application of warm lavender cream. The interesting thing is that the scrub is not rinsed off before the wrap. Instead, you are cocooned in a special thermal blanket for about 20 minutes to allow your skin to better absorb all the products. After a wash, you are sure to notice softer and smoother skin.



The spa offers a choice of lavender, peppermint or *ylang ylang* essential oils for massages, and one-hour, 90-minute or 2-hour massages.

It's possible to spend a day relaxing and rejuvenating at Spaboutique. You can swim a few laps in the spa's outdoor pool before or after your treatments. When you're hungry, just ask the friendly folks at the spa to order some snacks and drinks for you from the nearby Jackie Chan's Cafe, Coffee & Tea (owned by Hong Kong superstar and action hero Jackie Chan) and enjoy them at the spa's cosy thatched-roof huts by the poolside. Wind down with a yoga session (\$30 for a 90-minute class), conducted at the spa on Mondays, Tuesdays and Thursdays at 7pm and Saturdays at 10.15am. The spa teaches Kryoga (Kamal's Rhythmic Yoga), a popular form of Hatha Yoga, which combines cardio, strength, endurance, flexibility, balance and relaxation.

Spaboutique is located just a stone's throw away from Orchard Road but is nicely tucked away in Nassim Road, affording lots of privacy and space, yet close to all the downtown action. The spa is open daily from noon to 10pm. For enquiries or reservations, call 6887 0760 or log on to www.spaboutique.com.sg.

TOURIST TREAT

Enjoy Spaboutique's

Signature 2-in-1 Rose & Lavender Scrub & Wrap

plus your choice of

60-minute full body massage

for only **\$190** (usual price: \$270).

**Just present this page to enjoy the special price!*